

## REHAB QUIZ

1. **Most common ligament to be injured in ankle sprain –**
  - a) Anterior talofibular
  - b) Posterior talofibular
  - c) Calcaneofibular ligament
  - d) Calcaneonavicular ligament
2. **Myotonia is seen in all except –**
  - a) Schwartz – Jampel syndrome
  - b) Thompsen's disease
  - c) Mc Ardle's disease
  - d) Hyperkalemic periodic paralysis
3. **Athletes with proven myocarditis should refrain from strenuous exercise for how long-**
  - a) 1 month
  - b) 6 months
  - c) 1 year
  - d) No limitation
4. **Medication which potentially influences the effect of aspirin on platelet function is –**
  - a) Rofecoxib
  - b) Diclofenac
  - c) Ibruprofen
  - d) Acetaminophen
5. **A 17 year old female soccer player presents to clinic reporting vague anterior pelvic pain that is worse with adduction and abduction of hip. The most likely diagnosis is –**
  - a) Adductor spasm
  - b) Osteitis pubis
  - c) Sports hernia
  - d) Hip labral tear
6. **A non-displaced 1mm fracture of the scaphoid bone at the proximal 3rd should be immobilized in a thumb spica for –**
  - a) 3 months
  - b) 5 months
  - c) 1 year
  - d) 12-21 days
7. **For low- level graded exercise testing, the AHA suggest heart rate limits of-**
  - a) HR no greater than 200
  - b) 70-80% of maximum HR
  - c) 30-140 beats/min
  - d) THR at 220-age
8. **Which of the following has the highest risk of post- traumatic seizure-**
  - a) Subdural heamatoma
  - b) Penetrating head trauma
  - c) Subarachnoid hemorrhage
  - d) Epidural haematoma
9. **Pattern of ANA seen by fluorescent isothiocyanate dye in Drug- induced SLE is –**
  - a) Rim or peripheral
  - b) Homogeneous
  - c) Speckled
  - d) Centromere
10. **Component not present in SDAI is –**
  - a) Patient assessment of global activity
  - b) VAS
  - c) CRP
  - d) Physician assessment of global activity

## ANSWERS

Answer of March 2016

1) c; 2) c; 3) b; 4) a; 5) b; 6) b; 7) c; 8) a; 9) c; 10) d